The Sleepy Sailor

Music and Lyrics by Ryan Brechmacher

For SA Voices with Piano

New Beat Publications
PROGRAM NOTES

The idea for this piece came to me while sitting in a rehearsal, exhausted from being up most of the night with my infant child. The reason the idea popped into my head in a rehearsal was that the conductor I was working with was in the same boat as me—he also had an infant child (to whom this piece is dedicated) at home who was taking away his precious hours of sleep.

I decided to make this piece ironically jaunty, using my son's repeated cries of "Mama!" as the root of a sing-song refrain in the verses and adjusting it to fit the style of a sea chanty. I've also included a couple of tongue-in-cheek musical quotes that the observant listener may notice.

ABOUT THE COMPOSER

Ryan Brechmacher is an active composer, performer, teacher and pianist.

The Westminster Schola Cantorum, Westminster Youth Chorale, Bowling Green Junior High School Bands, the Bowling Green Area Community Band, the Cincinnati Children’s Choir, the Voices Chorale, and the Princeton Day School Chorus and Chorale have premiered his works. His piece "The Lobster-Quadrille" won the 2010 Cincinnati Children's Choir Choral Composition Competition, and he was recently named the 2015 New Jersey Music Teachers Association's Commissioned Composer of the Year. His works have been published through Transcontinental Music Publications, Alfred Music Publishing, GIA Publications, and New Beat Publications.

Originally from Bowling Green, Ohio, he studied piano with Anne Tracy, Doris Anderson and Carol Steiner, and composition with Carol Steiner and Dr. Donald Wilson. He earned his Bachelor of Music degree in both Piano Performance/Pedagogy and Theory/Composition, studying with Ingrid Clarfield, Stefan Young and Joel Phillips at Westminster Choir College of Rider University.

Mr. Brechmacher serves as the Faculty Accompanist and AP Music Theory teacher in the Upper School at Princeton Day School. He lives in Lawrenceville, NJ, with his wife, Rose, and son, Mason.
The Sleepy Sailor

dedicated to Philip Avery Beja

Ironically brisk $\mathcal{J} = 76$

RYAN BRECHMACHER (ASCAP)

Piano

mf Unis.

My son, my son, when you wake me at one (With a,

"Hey, ma-ma, ma-ma! Hey, ma-ma, ma-ma! Hey!") Could it be it's glee that you take in waking me? (With a,

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The Sleepy Sailor

"Hey, ma-ma, ma-ma, ma-ma! Hey, ma-ma! Ha!"
Rock-a-bye ba-by boy, and sleep! Go to sleep, ba-by boy! Rock-a-bye!
Rock-a-bye ba-by boy, and sleep! Go to sleep, ba-by boy! Rock-a-bye!
The Sleepy Sailor

Pno.

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do? It's two! And I still am rock-ing you! (With a, "Hey, ma-ma ma-ma! Hey, ma-ma ma-ma! Hey!") Sud-den-

Pno.

31

do? It's two! And I still am rock-ing you! (With a, "Hey, ma-ma ma-ma! Hey, ma-ma ma-ma! Hey!") Sud-den-
ly, it's three; sleep is still eluding me! (With a, "Hey, ma-ma ma-ma ma-ma! Hey, ma-ma! Ha!")

ly, it's three; sleep is still eluding me! (With a, "Hey, ma-ma ma-ma ma-ma! He, ma-ma! Ha!")

Rock-a-bye, baby boy, and sleep! Go to sleep, ha-hy boy! Rock-a-bye!

Rock-a-bye, and sleep! Go to sleep, ba-by boy! Rock-a-bye!
Rock-a-bye baby boy, and sleep! Go to sleep, baby boy! Rock-a-bye!

Rock-a-bye, and sleep! Go to sleep, baby boy! Rock-a-bye! Rock-a-bye!
Dreamy $\dot{=}$ 64

The Sleepy Sailor

Pno.

52

close the door, and it's half past four

("Hush little baby! Hush!")

Pno.

56

(With a, "Hush, little baby! Hush!")

56
The Sleepy Sailor

crawl into bed, and I lay down my head... "Waaaaah!" (With a, "Hey, ma-ma ma-ma ma-ma!

And I lay down my head... "Waaaaah!" (With a, "Hey, ma-ma ma-ma ma-ma!

Hey, ma-ma! Ha!"

Rock-a-bye baby boy, and sleep! Go to

Hey, ma-ma! Ha!"

Rock-a-bye baby boy, and sleep! Go to
The Sleepy Sailor

sleep, ba-by boy! Rock-a-bye!
Rock-a-bye ba-by boy, and sleep! (With a,

sleep, ba-by boy! Rock-a-bye! Rock-a-bye!
Rock-a-bye ba-by boy, and sleep!

"Hey, ma-ma ma-ma! Hey, ma-ma ma-ma! Hey!" With a, "Hey, ma-ma ma-ma! Hey, ma-ma ma-ma! Hey!" With a,

(With a, "Hey, ma-ma ma-ma! Hey, ma-ma ma-ma! Hey!" With a,
"Hey, ma-ma! Hey ma-ma! Ha! Ma-ma! Ha!"

"Hey, ma-ma! Hey ma-ma! Ha! Ma-ma! Ha!"